



**PREPARING FOR ULTRASOUND AND
VASCULAR LAB EXAMINATIONS
IMPORTANT INSTRUCTIONS FOR OUR PATIENTS**

Please arrive 10 minutes before your scheduled appointment time to allow adequate time for registration.

Child care is not available at Memorial's Valley Imaging. Please make prior arrangements for the care of your child(ren).

ULTRASOUND EXAMINATIONS:

❖ **Abdomen Scan (*Liver, Gallbladder, Pancreas*)**

Nothing to eat or drink (this includes water, gum chewing or smoking) 12 hours before your appointment. You may take medications with a small sip of water.

- ❖ **Kidney Scan or**
- ❖ **Obstetrical Scan or**
- ❖ **Pelvis Scan (*Bladder, Uterus, Ovaries*)**

Drink 32 ounces of water 1 hour prior to your appointment. **Do not empty your bladder.** Your bladder must be very full at the time of the examination to be able to complete the study. (Drink plenty of fluids the day before your appointment).

❖ **Aorta Scan (*to identify aneurysm or "bulge" in the main artery in the abdomen*)**

Prepare with Mylanta Gas*, 8 tablets. Take 2 tablets with each meal and 2 at bedtime, starting 1 day before the examination. You should have nothing to eat or drink (this includes water, gum chewing or smoking) 12 hours before your appointment. You may take medications with a small sip of water.

*Mylanta Gas tablets can be obtained without prescription from your local pharmacy. You may use an equivalent preparation with 80 mg simethicone ingredient.

VASCULAR LAB EXAMINATIONS:

- ❖ **Carotid Duplex Examination (*evaluates main artery in the neck*)**
- ❖ **Venous Duplex Examination (*evaluates veins in the arms and legs*)**

No preparation is required for these studies.